

MASTERMIND MEETING AGENDA

AHIAH PROSPERITY TEAMS

AWAKENING ABUNDANT LIVING LIVING FROM THE OVERFLOW

Location:

Date:

Time:

Facilitator:

Mastermind Agenda Items

Week 4

Opening Invocation

Explanation of the Mastermind Process

Group Affirmations

Questions/Discussion

Action Steps

Quotes/Benediction

Explanation of the Mastermind Process

A MasterMind Manifesting group is a unique group of people utilizing the MasterMind principles for achieving collective and individual goals. MasterMind Manifesting groups use the power of the One Mind in the following fashion: "No two minds ever come together without, thereby, creating a third invisible, intangible force which may be likened to a third mind." The human mind is a form of energy, a part of it being spiritual in nature. When the minds of two people are coordinated in a spirit of harmony, the spiritual units of energy of each mind form an affinity, which constitutes the power of the MasterMind."

MasterMind Principles

Every person is a personalized expression of the MasterMind, and therefore has the innate ability to tap into its power, genius and wisdom. The MasterMind steps are a scientific method of focusing the power of thought for the specific purpose of establishing a direct connection with the MasterMind.

Through the MasterMind process, you combine your own strength with that of at least one other person, as well as that of the MasterMind. This principle is based on the premise that the combined energies of two or more like-minded individuals are many more times greater than the sum of the individual energies involved. The MasterMind principles also teach that other like-minded individuals can believe for you, and accept as true for you, things you may find difficult to conceive or believe for yourself.

MasterMind Process

The process of MasterMinding may be likened to the act of one who connects many batteries to a single transmission wire, thereby 'stepping up' the power flowing over that line. Each mind, through the principle of mind chemistry, stimulates all the other minds in the group, until the mind energy becomes so great that it penetrates to, and connects with, the universal energy, which in turn, touches every atom of the entire universe. A MasterMind may be created through the bringing together in a spirit of perfect harmony, two or more minds. Out of this harmonious blending of the chemistry of the minds creates a third mind, which may be appropriated and used by one or all of the individual minds. This MasterMind will remain available as long as the friendly, harmonious alliance between the individual minds exists.

Group Affirmations

Seven Steps Into The MasterMind Consciousness (*Principles*)

1. **RECOGNITION** I gratefully acknowledge that there is a loving, creative Power for Good in the Universe, which is active within me, and all others. I now claim my Oneness with that Power which is the Master Mind of my life.
2. **BELIEVING** I believe that there is a Creative Intelligence and Power responding to me, and to which all things are possible. It is not I, but that Spirit within me that doeth the work.
3. **SURRENDERING** I ask the Master Mind to take complete charge of my life, to lovingly and gently change me at depth, for my highest good.
4. **RELEASING** I am honest with myself as never before, and I willingly admit, forgive and release all mistaken judgments, erroneous beliefs and negative emotions that I have directed toward myself or others.
5. **ASKING** Knowing that I am in conscious contact with Infinite Intelligence and my Master Mind partners, I now ask for, and accept help and guidance in the area of Prosperity and Abundance.

GROUP RESPONSE: I know that the Master Mind/Spirit hears our request and it is already Done in the Mind of the One.”

6. **RECEIVING** I lovingly and gratefully accept that the Master Mind supplies me with an abundance of all things necessary to fulfill my desire. I know that the miracle working power of the Master Mind has responded to my every need. I assume the same feeling I would have if my requests were already fulfilled.
7. **COVENANT** I affirm this covenant with the Master Mind and I go forth into my life with a spirit of enthusiasm, excitement and expectancy. I am at peace.

Questions for Week 4

Page references are from “The Four Spiritual Laws of Prosperity” by Edwene Gaines

Law Four: Your Divine Purpose. Commit to finding and fulfilling your Divine Purpose.

Every single one of us has some special gift, some special interest, some special talent, some special way of impacting this world so that it becomes a better place for everyone. Hold fast to your divine purpose prayerfully, persistently, and patiently.

Talk Title: “Abundance – Our Divine Purpose” – DIVINE PURPOSE

If you believe in God then you accept that you are a created being, made by the Divine for a Divine Purpose, that purpose being to experience life as it happens. Your Divine Purpose is to experience the universe from the inside out. The Divine Purpose is the idea that human life has meaning and is part of a greater plan set in motion by God. Some believe that God has a purpose for every person, and that their life is not a series of random events. Our purpose on earth is to love God, then show the same love he offers us to others so they may come to know God. God wants us to find happiness and joy.

Finding a spiritual purpose is not so much about finding the meaning of life, but rather about becoming your best self as you move through life. You can find your higher purpose in life through many different pathways, including meditation and prayer, personal reflection and practicing spiritual wellness.

“You’ve been doing hard work in your journey toward prosperity – of which you should be very proud. What you will discover, if you haven’t already, is that commitment plays a crucial role in each aspect of that [prosperity] journey. It takes commitment to tithe not just every once in a while, but each and every time money comes into your life. It takes commitment to set goals and then move outside your comfort zones to achieve them. It certainly takes great commitment to forgive the people who have hurt you in the past. And as you will discover as we move into our Fourth law it will take commitment to start living according to your divine purpose.” (p. 155)

As Edwene Gaines notes in *The Four Spiritual Laws of Prosperity*, “The only sure-fire way to know if you’ve made a commitment is when there is no turning back and the only way out is through, all the way to the other side, because if there is a side way out of it, that’s not a commitment.” (p156-157)

“We should move beyond a commitment to survive into a commitment to prosper. Then, beyond that, we must make a commitment to make this a better world. That’s why we’re really here. You might want to start with a prosperity commitment, and then graduate to a commitment to doing good in the world in a real and concrete way.” (p. 157)

- What do you believe is your life purpose? (See attached questions to start.)
- What are your dreams for yourself and our world in this lifetime?
- What problem do you feel passionately needs to be solved? (“You find your great spiritual commitments by following your passions, by seeking to identify the one thing that you really, really are committed to changing for all humanity.”)
- Only you can answer and commit: “Am I willing to define, embrace, and hold fast to my divine purpose, prayerfully, persistently, and patiently?” If the answer is yes, then the impossible truly can become possible in your life. (p.190, par.3)

Individual Intention Setting & Discussion of Next Steps for the week

ACTION ITEMS

- Tithe to Ahiah during this week 10% of all income. (Malachi 3:10) Record your income, tithe, and notice the flow. (Journal)
- Take time to find your passion and life purpose and define it by put it in writing on paper. (p.139, last par. – p. 151)

How the process works:

1. Verbalize your commitment.
“A commitment verbalized automatically creates its own support team.” (p. 158)
2. Remain open to the signals that the universe may send back to you.
3. **ASK** for a “go” signal. (p.165) (*“You will get what you ask for.”*)
4. Sometimes you may also get what seems like a “stop” signal but is actually something quite different, and which you should not allow to derail you.
5. Sometimes you may also get a true “STOP” signal. *Listen to these signals.*

How do you fulfill divine purpose?

Take Action from the Inside Out

- Trust God and believe in yourself. ...
 - Seek to transform areas within yourself and your life where God is leading you to grow.
 - Keep focus of your vision instead of outside influences. ...
 - Make choices that fit who you are and your life situation.
- In what ways can you have fun and show love to yourself? Anything you love to do – **Do it!**
 - Make a commitment to do something special for yourself every day that shows you love you!

- **OPTIONAL**

AN EXERCISE: TWO WEEKS OF SELF-CARE AND INTEGRITY

Quotes to Inspire

“When you follow your joy, at each step there will be a growing process where you will be given the chance to play in a larger and larger arena. Every time you stretch yourself, you will get stronger and wiser and more courageous. In this way, divine purpose is a process and not an end result, and we are following divine purpose when we are doing that which brings us joy.”

Edwene Gaines (p. 194-195)

“The truth is that you are a spiritual being, living in a spiritual universe, governed by spiritual law. You came to this planet to play at the highest level that has ever been played. You came to play at the level of Gandhi, of r. Martin Luther King, of Mother Teresa, at the level of every great and wise soul who ever made a difference. You came to play with the big kids.”

Edwene Gaines (p. 157)

“When we look at people who have done or are doing great things in the world. It is obvious that they have one way or another, accessed the seed potential of greatness from within and brought it to the surface. Whether we are talking about people such as Bill Gates, Oprah, ... sports megastars, entertainment icons, or just ‘everyday’ people who have excelled in what they do, they accomplished that level of greatness by stepping into the unknown and unleashing the Infinite Potential with which they were born irrespective of how we arrive at it, the seed potential for greatness lies within everyone. It’s not a matter of “getting” greatness, it’s a matter of uncovering it, revealing it, and letting it out greatness is simply unformed Divine Potential seeking fullness of expression at Its own highest level.”

Dennis Merrit Jones, The Art of Uncertainty (p. 74-75)

“Each of us has a fire in our hearts for something. It’s our goal in life to find it and to keep it lit.”

Mary Lou Retton

“The greatest thing is, at any moment, to be willing to give up who we are in order to become all that we can be.”

Max De Pree

AFFIRMATIONS

“Large, rich, opulent, lavish, financial surprises now come to me, and I am grateful!”

Because I serve God, I have a right to the abundant life. I have a right to riches.

Rich, divine ideas flow through me to bless and prosper all humankind. I want God's good for everyone.

My abundance benefits everyone, and everyone's abundance benefits me.

God and I are in the business of loving, giving, and serving.

AFFIRMATIONS FOR INTEGRITY

From Tolly Burkan, founder of the Firewalking Institute of Research and Education, says, "This is how you walk on fire, and this is how you walk through life."

I always pay attention.

I always tell the truth and tell it quickly.

I always ask for what I want when I want it.

I always take total responsibility for my experience.

I always keep my agreements.

Questions to ask yourself to assist in finding your personal life purpose.

- What one issue seems most important to me?
- What would be the perfect solution to this challenge?
- Can I visualize it and see it clearly in my mind's eye?
- Can I write a description of what it would look like if the transformative work were complete and perfect?
- What do I need to know/have/be in order to begin?
- Is it time to go back to school, read the books, study with the experts, or learn the realities of the problems from those who have gone before?
- Is it time to do the research, the investigation, and the questioning?
- What is my first step, and how soon am I going to take it?
- Am I willing to do what it takes?
- Will I commit to staying the course, working in integrity, and standing alone in my mission if necessary?
- What did I come to Earth to do?

We are here on this planet to discover and demonstrate our own Divinity.

Note to Facilitators:

A Special Thank You to our Facilitators for your service.

We love and appreciate you greatly.

This is designed as a mini-workshop and has been increased to 2 hours for participation and discussion. If groups are small the discussion time will be less and can be a 90-minute workshop.

Review the Four Spiritual Laws we will cover during this Prosperity Pledge Program as an overview. (p. 3, par. 3)

1. You must tithe 10 percent of all that you receive to the person, place, or institution where you have received your spiritual food. Putting God first in your finances is a dynamic act of courage. When you do so, your faith and your ability to stretch yourself, to move forward, and to expand your vision of yourself and your life increases a hundred-fold.
2. You must set clear-cut, tangible goals. Goal-setting is looking honestly at where you are, then choosing where you want to be, and then setting a clear and deliberate intention to go there. Doing so forces you to live consciously, rather than unconsciously.
3. You must forgive everyone all the time, especially yourself. Forgiveness is a discipline and a powerful spiritual practice that will enable you to feel worthy enough to live prosperously. It requires a diligence and a commitment to compassion and understanding.
4. You must seek, discover, and follow your divine purpose. You must assign significance and meaning to your life, giving yourself strength and endurance, and bringing joy to your existence on a daily basis. When you are aligned with our divine purpose, you bring a passion to all that you do.

You can use Questions for this week for additional discussion.

Quotes can be used as discussion points.

Attachment: AN EXERCISE: TWO WEEKS OF SELF-CARE AND INTEGRITY



SELF-CARE AND INTEGRITY

It is a powerful teaching for us to be good to ourselves. There's always going to be a way for us to do good things or to spend our money to help other people, and we will do it. But not at the neglect of ourselves. The world will not always have us! One day we'll be gone.

The teaching is that we must love our neighbors as we love ourselves. Well, you cannot love your neighbor if you do not first love yourself. We have to learn how to take good care of ourselves. You have to be a being of integrity and do what needs to be done to make you feel whole and safe and complete and good. That's part of your job, as a child of God. (*Four Spiritual Laws of Prosperity* by Edwene Gaines (p.182))



AN EXERCISE: TWO WEEKS OF SELF-CARE AND INTEGRITY

The most important commitment we can make is to ourselves and our own well-being. The fourteen tasks that follow are all life habits of self-care that invite prosperity. I encourage you to commit to making them a regular part of your life, starting with a two-week exercise. Each day, incorporate the next step into your life by taking deliberate action while continuing to practice those that came before. The longer you keep practicing these tools of self-care and prosperity, the more they will become second nature to you.

DAY 1: STRIVE FOR ORDER

The mystics tell us that order is heaven's first law. And it should be ours, too. We can never feel we're at our best when we're surrounded by a mess.

Today, take one step toward cleaning out all the clutter in your life. Tidy your house, balance your checkbook, file your paperwork, organize your office, complete any unfinished projects that have been weighing on your mind, clean out your closet, or get your car washed.

We can achieve order and harmony in every aspect of our lives with a habit of neatness. And when we de-clutter our lives, we signal to the universe that we are ready to handle more good.

DAY 2: TAKE TIME FOR SOLITUDE

It is in the quiet times of reflection and contemplation that we open ourselves to rich ideas.

Today, give yourself the gift of some time alone. We must all have a habit of solitude, regularly spending time alone in the silence by taking a walk in the woods, sitting on a hill and watching the setting sun, or simply taking a long, hot bath. Remove yourself from the maddening crowd and give yourself the opportunity of experiencing the quiet, gentle goodness of life. Refresh and recreate yourself in peaceful solitude and observe with wonder the amazing possibilities for your life.

DAY 3: CREATE BEAUTY

Always seek to create beauty in your environment. Today, take a look at your workspace. Is there anything you could do to make the space more inviting? Replace a worn-out carpet. Add a plant or a vase of flowers. Or, if you'd like to focus on your home, you could hang artwork, put bright throw pillows on the couch, or display family treasures.

We should all make beauty a habit. Strive for beauty in your person, too. Dress well. Get a good haircut. Buy new shoes.

Notice all the beauty in your life and thank God for it.

DAY 4: GIVE YOURSELF A TREAT

The universe will only treat you as well as you treat yourself. That means you must be especially good to yourself.

Today, think of one thing that you'd really love but that you "don't have time for," and then make the time. Get a massage, go to lunch with a friend, play a sport that you love, or practice a hobby that you enjoy.

Life is meant to be enjoyed. The better you treat yourself, the better you will find life treating you.

DAY 5: TELL THE TRUTH

Practice living and speaking from our sense of authenticity. Make it a habit not to hedge the truth, or to speak in half-truths. Be someone that others can trust will tell the truth about who you are and what you feel, because when you tell your truth with love, you empower others to live from truth as well.

Today, think of a recent moment when you did not tell someone the truth, or did not tell the whole truth. Now, go back to that person and tell the whole truth.

DAY 6: LAUGH

We celebrate God by finding the humor in life, so make it a habit to find opportunities to laugh. Today, watch a comedy or listen to a funny tape while you're driving to work. Read the comics in the paper. Go to the park and listen to children's laughter as they play. Make faces at yourself in the mirror.

God made the world a funny place, and you glorify God when you laugh.

DAY 7: REMAIN CALM

We can maintain composure even in trying situations by holding onto the firm belief that God is our source.

Today, face head-on a challenge you've been avoiding and keep your cool while you do it. Write your neighbor a polite note about his barking dog or calmly request a meeting with your child's difficult teacher.

When something unfortunate happens – a fender bender, a broken window, a chipped tooth – and you don't know how you will fix the situation, don't panic. Make it a habit to remain calm and to say to yourself, "All is well. God provides."

DAY 8: ACKNOWLEDGE OTHERS

Make sure that you notice and appreciate others and their contributions to your life. Today, choose a few people who have made a difference in your life and tell them how much they mean to you. Let them know your life is better because of them.

Make it a habit to give genuine and public compliments. Thanking people in public confers a double blessing. Everyone wants to be appreciated and acknowledged. Be a public appreciator and watch others light up with gratitude.

DAY 9: OPEN YOUR HEART

Try to make it a habit to allow everyone inside your heart space. Pay attention and notice when you find yourself feeling dislike toward someone. Ask yourself, "What am I avoiding in my own life by refusing to allow this person inside my heart?"

Today, choose one person whom you've had some negative feelings about in the past and try once more to open your heart to him or her. Remember, if you choose to love only perfect people, you will be a very lonely soul.

DAY 10: FEED YOUR SPIRIT

Today, do something consciously and intentionally to feed your spirit. Read an inspiring book or meditate on a favorite quote. (I've sprinkled my own favorite quotes throughout my book.) Listen to a nurturing tape or attend a class or worship service. Take time for prayer. Sing a favorite hymn or listen to devotional music.

Make it a habit, each day, to turn within and ask for guidance as to what would feed your spirit – and then do that thing.

DAY 11: WELCOME CHANGE

Life does not stand still. It keeps moving and shaking. Just as soon as we think we've got our ducks in a row, change occurs. And when it does, it's a waste of time to worry, blame, feel guilt or disappointment, or practice any other negative behavior. It's much better to instead ask, "What new opportunities will this unexpected change create?"

Today, think of a recent change in your life that has upset you or thrown you off balance, and try to look at it in a new light. Open your mind and ask if there's any way it might lead to good down the road. If you call the change good, no matter what it looks like or feels like, it must turn out to be good.

DAY 12: LET GO

You have the authority to release from your life all those people, situations, relationships, objects, thoughts, emotions, and concerns that do not empower you. As a being that is growing and changing, you must let go of that which is no longer enriching your life.

Today, take a moment to sit quietly and take a thorough inventory of your life. Let go of any elements that are draining your energy and disrupting your peace of mind. Release the burdens of the past and begin anew.

DAY 13: DO SOMETHING NEW

We never know where life will take us. All it takes is one small step to launch a whole new set of possibilities in your life.

Today, learn something new, no matter how small. Learn how to pitch a tent, to tie sailors' knots, to bake bread, or to say some words in a foreign language you don't speak. You never know where your new knowledge may take you. Make it a habit to keep expanding your awareness and learning new things.

DAY 14: EXPRESS YOUR GRATITUDE TO GOD

Notice the good in your life and give thanks to God for it.

No matter how bleak a situation you might find yourself in, there is always something to be grateful for – the blue sky, the sunshine, the warm bed, the nourishing food, the encouragement of a friend.

Today, deliberately find a small gift that you might usually overlook and give God thanks for it. The more we notice the sweetness of life, the more the universe gives to us.

SELF-CARE IS IMPORTANT

