

MASTERMIND MEETING AGENDA

AHIAH PROSPERITY TEAMS

AWAKENING ABUNDANT LIVING LIVING FROM THE OVERFLOW

Location:	
Date:	
Time:	
Facilitator:	

Mastermind Agenda Items

Week 2

Opening Invocation
Explanation of the Mastermind Process
Group Affirmations
Questions/Discussion
Action Steps
Quotes/Benediction

Explanation of the Mastermind Process

A MasterMind Manifesting group is a unique group of people utilizing the MasterMind principles for achieving collective and individual goals. MasterMind Manifesting groups use the power of the One Mind in the following fashion:

"No two minds ever come together without, thereby, creating a third invisible, intangible force which may be likened to a third mind." The human mind is a form of energy, a part of it being spiritual in nature. When the minds of two people are coordinated in a spirit of harmony, the spiritual units of energy of each mind form an affinity, which constitutes the power of the MasterMind."

MasterMind Principles

Every person is a personalized expression of the MasterMind, and therefore has the innate ability to tap into its power, genius and wisdom.

The MasterMind steps are a scientific method of focusing the power of thought for the specific purpose of establishing a direct connection with the MasterMind.

Through the MasterMind process, you combine your own strength with that of at least one other person, as well as that of the MasterMind. This principle is based on the premise that the combined energies of two or more like-minded individuals are many more times greater than the sum of the individual energies involved.

The MasterMind principles also teach that other like-minded individuals can believe for you, and accept as true for you, things you may find difficult to conceive or believe for yourself.



MasterMind Process

The process of MasterMinding may be likened to the act of one who connects many batteries to a single transmission wire, thereby 'stepping up' the power flowing over that line. Each mind, through the principle of mind chemistry, stimulates all the other minds in the group, until the mind energy becomes so great that it penetrates to, and connects with, the universal energy, which in turn, touches every atom of the entire universe.

A MasterMind may be created through the bringing together in a spirit of perfect harmony, two or more minds. Out of this harmonious blending of the chemistry of the minds creates a third mind, which may be appropriated and used by one or all of the individual minds. This MasterMind will remain available as long as the friendly, harmonious alliance between the individual minds exists.

Group Affirmations

Seven Steps Into The MasterMind Consciousness (Principles)

- 1. **RECOGNITION** I gratefully acknowledge that there is a loving, creative Power for Good in the Universe, which is active within me, and all others. I now claim my Oneness with that Power which is the Master Mind of my life.
- 2. **BELIEVING** I believe that there is a Creative Intelligence and Power responding to me, and to which all things are possible. It is not I, but that Spirit within me that doeth the work.
- 3. **SURRENDERING** I ask the Master Mind to take complete charge of my life, to lovingly and gently change me at depth, for my highest good.
- 4. **RELEASING** I am honest with myself as never before, and I willingly admit, forgive and release all mistaken judgments, erroneous beliefs and negative emotions that I have directed toward myself or others.
- 5. **ASKING** Knowing that I am in conscious contact with Infinite Intelligence and my Master Mind partners, I now ask for, and accept help and guidance in the area of Prosperity and Abundance.

GROUP RESPONSE: I know that the Master Mind/Spirit hears our requests and it is already Done in the Mind of the One."

- 6. **RECEIVING** I lovingly and gratefully accept that the Master Mind supplies me with an abundance of all things necessary to fulfill my desire. I know that the miracle working power of the Master Mind has responded to my every need. I assume the same feeling I would have if my requests were already fulfilled.
- 7. **COVENANT** I affirm this covenant with the Master Mind and I go forth into my life with a spirit of enthusiasm, excitement and expectancy. I am at peace.



Questions for Week 2

Page references are from "The Four Spiritual Laws of Prosperity" by Edwene Gaines

<u>Law Two: Setting Goals</u>. "Setting concrete and practical goals create a vessel with which you can catch the new wealth and good fortune that tithing brings you." "Like tithing, however, goal-setting works only if you actually do it." (p.69, par.1-2)

Talk Title: "Accepting Our Divine Inheritance" - GOAL SETTING

"During the process of goal setting, you will need to take some time alone, away from the chaos and distraction of daily life, to get acquainted again with the real you. Goal setting is a wonderfully fun and creative part of the prosperity process. Also, a very important one. You will need to give yourself the time and permission to dream big, or you will miss exactly what you are here for: to experience your own divine nature." (p. 69, par. 3)

"While preparing to set goals, you must move beyond these limiting self-perceptions and step into the role of who you really, truly are. And who are you? You are a child of God. You are a point of light within the Greater Light. Absolutely anything is possible that you want to achieve." (p.70-71)

- Who do I believe I am?
- What do I think are my limiting self-perceptions?
- What fears, thoughts, or beliefs stop me from moving forward or keep me from achieving my dreams?
- If money were no object, if time or responsibility or age or education were no concern, what would my life look like?
- What would the life of my dreams be?" (p.71, par.2)
- God's desires are my desires? What does this mean to me?

Individual Intention Setting & Discussion of Next Steps for the week

ACTION ITEMS

- Tithe to Ahiah during this week 10% of all income, and record your income, tithe, and notice the flow. (Journal)
- Imagine what your life would be if you could do anything you wanted without constraints and limits. Take time to journal about your dreams.
- Take the 21 Day Challenge of not complaining for 21 days straight. No criticizing, no bitching, no gossip. None. And if you slip and say something negative, you have to forgive yourself and then start all over again for another 21 days. (p.76, par.2-4)
- Pick three important, meaningful goals you want to achieve or accomplish this year and follow the Edwene Gaines Goal-Setting Steps. (See attached Goal Setting Steps Program.)
- Affirmations to support my Goal-Setting Journey (See attached sheet.)

OPTIONAL

Stepping Outside Your Comfort Zones (p. 115-116)



Quotes to Inspire

"What we are really doing when we are setting goals is directing our faith. Having directed faith means having a heart-felt specific desire, coupled with a deep and abiding trust in the goodness and generosity of God, and therein lies the magic and power of setting our goals." Edwene Gaines (p.91, last par.)

"Before you start goal-setting, you must first accept the premise that it is not only acceptable to have desires, it is necessary. In his book *Prosperity*, Charles Fillmore states that "desire is the onward impulse of the ever evolving soul."

Edwene Gaines (p.78, last par.)

"Setting goals is the first step in turning the invisible into the visible." Tony Robbins

"You must first enter into the understanding that God, omnipresent, omnipotent, and omniscient, is the source and that you can draw on this source without limit."

Charles Fillmore, Prosperity

We all want better financial conditions, and we should have them. Here is the way to obtain them: Do not talk about financial lack but begin thinking in terms of the rich universal abundance that is everywhere. Then learn to let go, to give up, to make room for the things you have prayed for, worked for, and so strongly desire. As you give up and cast away old ideas and attitudes, old possessions, and put in their place new ideas of prosperity and progressive achievement, your conditions will steadily improve. Catherine Ponder, The Dynamic Laws of Prosperity (p. 54-54)



AFFIRMATIONS

An affirmation is a statement about what is *really* true (despite outward appearances may lead one to believe). When you make a positive statement with conviction, you open up a space in your life for that good to appear. (Excerpted from *The Four Spiritual Laws of Prosperity* by Edwene Gaines. (p. 25)

Write out the affirmations that resonate with you, and then **speak them aloud three times a day for 21 days**. And as you're speaking the words, don't mumble! Speak them with power, from your solar plexus. Say the affirmation as if you absolutely believe it, without a doubt.

And as you're speaking, don't mumble! Speak them with power, from your solar plexus. Say the affirmation as if you absolutely believe it, without a trace of doubt.

Below are some affirmations that I like. (Edwene Gaines) You may feel free to use them, or you may want to make up some of your own. If you make up some of your own, remember the key is that you are making a statement about what you desire *as if it is already true*.

You might say any or all of the following:

- My Father/Mother God loves me.
- I am God's beloved child.
- I am forgiven for all mistakes of the past.
- It is God's good pleasure to give me the kingdom.
- I seek the kingdom in all that I experience.
- Because I serve God, I have a right to the abundant life. I have a right to riches.
- Every one of God's children has a right to abundance.
- Because I give of my time, energy, and money, I am in the flow of inexhaustible substance.
- I love to tithe to where I receive my spiritual food. I give lavishly and joyously.
- Rich, divine ideas flow through me to bless and prosper all humankind. I want God's good for everyone.
- My abundance benefits everyone, and everyone's abundance benefits me.
- I set specific goals and let God lead me to accomplish them.
- I am thankful for all my seen and unseen blessings.
- My faith in God is firmly established. I live by faith.
- My thoughts, words, and deeds are divinely creative.
- Because I am faithful in small matters, my Lord makes me master over great matters.
- Never do I seek personal credit; I glorify God in all that I do.
- I am a world server. I serve God in the world. I walk through the world transforming it as I go.
- I am joyous, peaceful, healthy, enthusiastic, wise, loving, and rich. Praise God!
- Forgiveness is my daily business. And I am faithful in prayer to cleanse my emotional nature of bitterness, irritation, blame, and guilt.
- God and I are in the business of loving, giving, and serving.
- I serve God.
- Money serves me.

The truth is that you can have everything you want in this life. You can be free from the grips of poverty, and instead live a life of joy and faith and prosperity. You can live according to your divine purpose, in line with God's plan, with everything you could possibly want or need at your fingertips. ...



GOAL SETTING PROGRAM

EDWENE GAINES TEN STEP FORMULA – Four Spiritual Laws of Prosperity

- **Step 1:** In a notebook dedicated to your goal-setting program, write down all of your desires, no matter how large or small.
- Step 2: Choose your most important desires and list them in order of importance to you. Be very specific.
- **Step 3:** Consider what changes you might need to make in order to achieve your goals. Ask yourself prayerfully, "What must I change about myself in order to achieve my goals?"
- **Step 4:** Choose the date by which you desire to achieve each goal.
- **Step 5:** Read your list of goals at least three times every morning and every night. "When you focus on something, you draw power to it."
- Step 6: Imagine yourself achieving each goal.
- **Step 7:** Act as if you have already achieved your goals. Believe that you receive.
- **Step 8:** Don't tell others. Keep your goals private, between you and God.
- **Step 9:** Cross off the goals as they are achieved and continue to add new ones.
- **Step 10:** Remember, God's highest law is LOVE. (p.79-84)

"God wants the best for us, always. With this in mind, why should we worry about anything else? Our job is to learn to love ourselves as God loves us. Only then can we truly love our neighbors.

Remember – with God, all things are possible!





Note to Facilitators:

This is designed as a mini-workshop and has been increased to 2 hours for participation and discussion. If groups are small the discussion time will be less and can be a 90 minute workshop.

Edwene's definition of true prosperity:

- A vitally alive physical body to provide a comfortable worldly home for the spiritual beings that we are
- Relationships that are satisfying, nurturing, honest, and work all the time
- Work that we love so much that it's not work, it's play
- And all the money we can spend

Review the Four Spiritual Laws we will cover during this Prosperity Pledge Program as an overview. (p. 3, par. 3)

- 1. You must tithe 10 percent of all that you receive to the person, place, or institution where you have received your spiritual food. Putting God first in your finances is a dynamic act of courage. When you do so, your faith and your ability to stretch yourself, to move forward, and to expand your vision of yourself and your life increases a hundred-fold.
- 2 **You must set clear-cut, tangible goals.** Goal-setting is looking honestly at where you are, then choosing where you want to be, and then setting a clear and deliberate intention to go there. Doing so forces you to live consciously, rather than unconsciously.
- 3. **You must forgive everyone all the time, especially yourself.** Forgiveness is a discipline and a powerful spiritual practice that will enable you to feel worthy enough to live prosperously. It requires a diligence and a commitment to compassion and understanding.
- 4. **You must seek, discover, and follow your divine purpose.** You must assign significance and meaning to your life, giving yourself strength and endurance, and bringing joy to your existence on a daily basis. When you are aligned with our divine purpose, you bring a passion to all that you do.

STEPPING OUTSIDE YOUR COMFORT ZONE (p. 115-116)

- STEP 1. List five extremely scary things that there is no way you would ever do or event want to do (high altitude ice climbing, BASE jumping off a tall bridge, going head-to-head in the ring with a heavyweight boxing champion).
- STEP 2. List five scary things that you have always dreamed about doing but have never had the nerve to do (learning to SCUBA dive, participating in a poetry slam, living in a foreign country while learning the language).
- STEP 3. List five small and only slightly scary things that you could do today if you chose to (asking your boss for the nice corner office that just opened up, trying sushi, inviting the good-looking neighbor whom you have a crush on over to your house for coffee).
- STEP 4. Choose the most appealing of those five small things and write out what the first step would be to doing it (requesting a meeting with your boss, making a reservation at a Japanese restaurant, saying hello to the neighbor and introducing yourself).
- **STEP 5**. Now, take the first step.

While the small first step you take may not seem like a big deal, it is. Because the hardest part is taking the first step.