

MASTERMIND MEETING AGENDA

AHIAH PROSPERITY TEAMS

A WAKENING ABUNDANT LIVING LIVING FROM THE OVERFLOW

Location:

Date:

Time:

Facilitator:

Mastermind Agenda Items

Week 3

Opening Invocation

Explanation of the Mastermind Process

Group Affirmations

Questions/Discussion

Action Steps

Quotes/Benediction

Explanation of the Mastermind Process

A MasterMind Manifesting group is a unique group of people utilizing the MasterMind principles for achieving collective and individual goals. MasterMind Manifesting groups use the power of the One Mind in the following fashion:

"No two minds ever come together without, thereby, creating a third invisible, intangible force which may be likened to a third mind." The human mind is a form of energy, a part of it being spiritual in nature. When the minds of two people are coordinated in a spirit of harmony, the spiritual units of energy of each mind form an affinity, which constitutes the power of the MasterMind."

MasterMind Principles

Every person is a personalized expression of the MasterMind, and therefore has the innate ability to tap into its power, genius and wisdom. The MasterMind steps are a scientific method of focusing the power of thought for the specific purpose of establishing a direct connection with the MasterMind. Through the MasterMind process, you combine your own strength with that of at least one other person, as well as that of the MasterMind. This principle is based on the premise that the combined energies of two or more like-minded individuals are many more times greater than the sum of the individual energies involved. The MasterMind principles also teach that other like-minded individuals can believe for you, and accept as true for you, things you may find difficult to conceive or believe for yourself.

MasterMind Process

The process of MasterMinding may be likened to the act of one who connects many batteries to a single transmission wire, thereby 'stepping up' the power flowing over that line. Each mind, through the principle of mind chemistry, stimulates all the other minds in the group, until the mind energy becomes so great that it penetrates to, and connects with, the universal energy, which in turn, touches every atom of the entire universe.

A MasterMind may be created through the bringing together in a spirit of perfect harmony, two or more minds. Out of this harmonious blending of the chemistry of the minds creates a third mind, which may be appropriated and used by one or all of the individual minds. This MasterMind will remain available as long as the friendly, harmonious alliance between the individual minds exists.

Group Affirmations

Seven Steps Into The MasterMind Consciousness (*Principles*)

1. **RECOGNITION** I gratefully acknowledge that there is a loving, creative Power for Good in the Universe, which is active within me, and all others. I now claim my Oneness with that Power which is the Master Mind of my life.
2. **BELIEVING** I believe that there is a Creative Intelligence and Power responding to me, and to which all things are possible. It is not I, but that Spirit within me that doeth the work.
3. **SURRENDERING** I ask the Master Mind to take complete charge of my life, to lovingly and gently change me at depth, for my highest good.
4. **RELEASING** I am honest with myself as never before, and I willingly admit, forgive, and release all mistaken judgments, erroneous beliefs, and negative emotions that I have directed toward myself or others.
5. **ASKING** Knowing that I am in conscious contact with Infinite Intelligence and my Master Mind partners, I now ask for, and accept help and guidance in the area of Prosperity and Abundance.

GROUP RESPONSE: I know that the Master Mind/Spirit hears our request, and it is already Done in the Mind of the One.”

6. **RECEIVING** I lovingly and gratefully accept that the Master Mind supplies me with an abundance of all things necessary to fulfill my desire. I know that the miracle working power of the Master Mind has responded to my every need. I assume the same feeling I would have if my requests were already fulfilled.
7. **COVENANT** I affirm this covenant with the Master Mind, and I go forth into my life with a spirit of enthusiasm, excitement, and expectancy. I am at peace.

Questions for Week 3

Page references are from “The Four Spiritual Laws of Prosperity” by Edwene Gaines

Law Three: Forgiveness. Forgiveness is the process of intentionally letting go of anger and resentment towards someone who has wronged or hurt you. It is a conscious decision to transform your feelings, attitudes, and behaviors so that you can experience self-forgiveness and then express compassion and generosity to another.

Talk Title: “Forgiveness – Your Key to Freedom” – FORGIVENESS

“Harboring a grudge completely blocks our ability to have peace of mind. All sorts of studies indicate that negative thoughts, feelings, words, and behaviors affect our mental and physical health, our success, and our self-worth. An unwillingness to forgive is like stabbing ourselves with a knife and expecting the person who did us wrong to feel the pain. Forgiveness is not something we do for the sake of another person. *Forgiveness is something we do for ourselves.*” (p. 19)

“Think of Forgiveness as emotional housecleaning. It lets us make room for the good we desire. It also lets us go as far as we can on this spiritual journey and receive all the universe has to offer. If we refuse to forgive, we are clinging to self-defeating feelings such as guilt, shame, blame, hurt, and resentment, and when we do this, we cannot feel truly worthy of having the best God can give us; we cannot – and will not – accept God’s gifts.” (p.119-120)

- What is your understanding of forgiveness?
- Have you forgiven yourself and/or what is keeping you from forgiving yourself?
- How do you show yourself kindness and compassion?

Compassionate Self-Forgiveness

I forgive myself for judging myself as wrong.

I forgive myself for judging myself as not okay.

I forgive myself for judging myself as unworthy.

I forgive myself for judging myself as incompetent.

I forgive myself for judging myself as unloving and unlovable.

I am forgiven.

I am lovable and loving.



“One giant step toward emotional health is to realize that no one can hurt us unless we allow them to hurt us. In reality, no one can do to us what we are not already doing to ourselves.” (p.125, par. 4 -p.126)

Individual Intention Setting & Discussion of Next Steps for the week

ACTION ITEMS

- Tithe to Ahiah during this week 10% of all income. (Malachi 3:10) Record your income, tithe, and notice the flow. (Journal)
- Take time to do **Forgiveness: A Journaling Exercise** (See Attached Journal Exercise Sheet)
- **Making Forgiveness a Daily Practice** (See Attached Forgiveness Techniques)

“So how do we begin? What is the process? Allow me to share five simple forgiveness techniques that can transform your life and your world. Try each one and see which works for you. You might want to use a combination of them, or after having tried them all, you might want to invent some of your own.” (p.139, last par. – p. 151)

Quotes to Inspire

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

Matthew 6:14-15

“If you see a flaw in another person, it’s your vision that needs correction.”

Edwene Gaines (p.127, par.5)

“The people who do us wrong are our teachers. From them we can learn invaluable spiritual lessons about compassion and understanding.”

Edwene Gaines (p.134, par.2)

“Give yourself the gift of forgiveness so that you, too, may know the great joy that is the result of living without judgment or blame.

Edwene Gaines (p.138)

“The world you live in is the exact record of your thoughts. If you do not like the world you live in, then you do not like your thoughts. An uplifted mind is a magnet for all good things of the universe to hasten to you. Whereas a depressed, anxious, critical, resentful state of mind becomes a magnet for trouble to fly to you. The choice is up to you.”

Catherine Ponder, The Millionaire Joshua

“The weak can never forgive. Forgiveness is the attribute of the strong.”

Mahatma Ghandi

Note to Facilitators:

This is designed as a mini-workshop and has been increased to 2 hours for participation and discussion. If groups are small the discussion time will be less and can be a 90-minute workshop.

Review the Four Spiritual Laws we will cover during this Prosperity Pledge Program as an overview.
(p. 3, par. 3)

1. You must tithe 10 percent of all that you receive to the person, place, or institution where you have received your spiritual food. Putting God first in your finances is a dynamic act of courage. When you do so, your faith and your ability to stretch yourself, to move forward, and to expand your vision of yourself and your life increases a hundred-fold.
2. You must set clear-cut, tangible goals. Goal-setting is looking honestly at where you are, then choosing where you want to be, and then setting a clear and deliberate intention to go there. Doing so forces you to live consciously, rather than unconsciously.
3. You must forgive everyone all the time, especially yourself. Forgiveness is a discipline and a powerful spiritual practice that will enable you to feel worthy enough to live prosperously. It requires a diligence and a commitment to compassion and understanding.
4. You must seek, discover, and follow your divine purpose. You must assign significance and meaning to your life, giving yourself strength and endurance, and bringing joy to your existence on a daily basis. When you are aligned with our divine purpose, you bring a passion to all that you do.

You can use Questions for this week for additional discussion.

Quotes can be used as discussion points.

Two Attachments:

Forgiveness Techniques

Forgiveness: A Journaling Exercise